



Midland County Youth Master Plan 2010



Midland County Youth Master Plan 2010

Vision

Midland County is a community where all children, youth, and families flourish and thrive.

Objective

Inspire and guide Midland County youth oriented organizations to support and provide positive opportunities for our youth to flourish and thrive.

Midland County Youth Master Plan Steering Team Members

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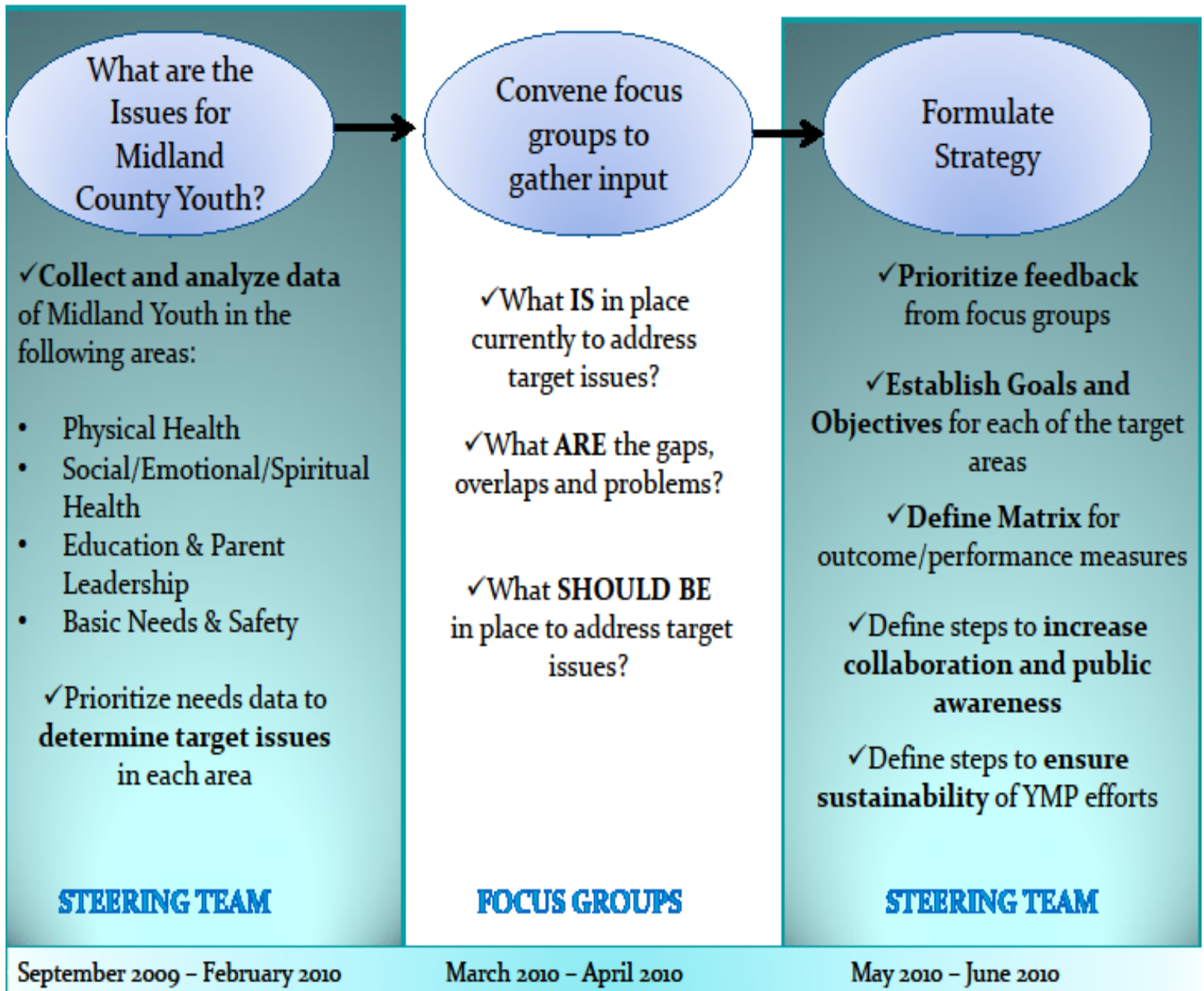
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Youth Master Plan 2010 Timeline

December 2008	CHAI Meeting	Under the direction of HHSC, CHAI named steering team for YMP
September 2009	Midland Area Community Foundation	Grant given to Legacy Center for the creation of Youth Master Plan
October 20, 2009	YMP Steering Team Meeting	Gather input on priority action areas and key indicators to examine
November 17, 2009	YMP Steering Team Meeting	Physical Health data review; Physical Health focus group invitees identified
December 15, 2009	YMP Steering Team Meeting	Social, Emotional, Spiritual Health data review; focus group invitees identified
January 19, 2010	YMP Steering Team Meeting	Education and Parent Leadership data review; focus group invitees identified
February 9, 2010	YMP Steering Team Meeting	Basic Needs and Safety data review; focus group invitees identified
March 8, 2010	Physical Health Focus Group	Fitness, Injury/Illness/Nutrition, Teen Pregnancy and Access to Care subgroups *28 attendees
March 15, 2010	Social, Emotional, Spiritual Health Focus Group	Support, Emergency Services, Mental Health subgroups *36 attendees
April 12, 2010	Education and Parent Leadership Focus Group	Education, Parent Leadership, Recreational Sports Managers subgroups *35 attendees
April 19, 2010	Basic Needs and Safety Focus Group	Child Abuse and Neglect, Violence, Poverty, and Substance Abuse subgroups *36 attendees
May 18, 2010	YMP Steering Team Meeting	Prioritize focus group feedback, set objectives and goals, define matrix for outcome and performance measures
May 20, 2010	Youth Focus Groups	Focus group meeting with MCYAC (Midland Community Youth Action Council)
June 2, 2010		Focus group meeting with JCC (Juvenile Care Center) youth

Youth Master Plan Process Outline



Youth Master Plan

Goals and Strategies

Goal 1: Enhance Parenting Education

Strategy 1: Enhance new parent mentoring (PH.XII)

Strategy 2: Increase Parent engagement in schools (E.IX)

Strategy 3: Develop parent mentor groups (E.XI)

Strategy 4: Expand training for coaches/parent leader roles (E.XII)

Strategy 5: Increase opportunities for adult-led groups (E.XIII)

Goal 2: Inform and Engage the Community

Strategy 1: Develop a Midland County Youth Website (E.IV)

Strategy 2: Increase communication and engagement between youth and adults, celebrate youth in our community (SEH.VII)

Strategy 3: Educate community on normal developmental stages of social and emotional health for youth by educating youth oriented organizations (SEH.IV)

Strategy 4: Expand the knowledge of prescription drug formulary (PH.XIV)

Strategy 5: Educate and implement fitness, injury prevention and nutrition (PH.VII)

Goal 3: Increase access to youth programs and services

Strategy 1: Develop a strategic regional approach to public transportation needs (BNS.I)

Strategy 2: Improve reliable, affordable access to transportation (PH.VI,SEH.IX)

Strategy 3: Expand utilization of school buildings for after school activities (Youth input)

Key: PH = Physical Health, E = Education and Parent Leadership, SEH = Social, Emotional, Spiritual Health, BNS = Basic Needs and Safety. Refer to the Strategies and Action Plan Section for details

Goal 4: Increase collaboration and community partnerships

- Strategy 1: Improve community partnerships with mental health professionals (SHE.II)
- Strategy 2: Increase collaboration between fitness experts, providers, and schools (PH.IV)
- Strategy 3: Increase availability of after school activities (E.VII)
- Strategy 4: Improve coordination among various food suppliers to the poor (BNS.II)
- Strategy 5: Increase ability to identify and advocate for child abuse victims (BNS.IX)
- Strategy 6: Increase collaboration with school counselors, community agencies, and rehabilitation centers to provide substance abuse intervention and prevention (BNS.XI)

Goal 5: Build Developmental Assets in our youth

- Strategy 1: Increase the number of youth involved in sports/fitness programs (PH.I)
- Strategy 2: Surround youth with quality adult role models (PH.V)
- Strategy 3: Expand social opportunities and activities that demonstrate positive results for youth (SEH.VI)
- Strategy 4: Continue/Expand on mentoring programs for youth (E.I, BNS.V)
- Strategy 5: Increase the availability of life experience enhancing programs (E.III)

Key: PH = Physical Health, E = Education and Parent Leadership, SEH = Social, Emotional, Spiritual Health, BNS = Basic Needs and Safety. Refer to the Strategies and Action Plan Section for details

Additional strategies that will have a high impact on our youth while requiring a bigger investment:

- Strategy 1: Increase services to assist youth with graduation and transition into post high school life (E.II) *See Michigan College Access Network/Dow College Opportunity Program
- Strategy 2: Explore options regarding an integrated, regional Career Tech program for Midland County students (E.V) *Career Tech Education Task Force / Clark Volz
- Strategy 3: Continue/Expand on Parent Skills Services for all three age Groups: early, elementary, middle school, high school ages (E.X)
- Strategy 4: Bring Drug and Alcohol Rehabilitation Center for youth to the Mid-Michigan Area: House of Hope/Evangelical Free: Gib Giblin (BNS.XII)
- Strategy 5: Increase number of positive peer influences for high risk Students (SES.III)

Key: PH = Physical Health, E = Education and Parent Leadership, SEH = Social, Emotional, Spiritual Health, BNS = Basic Needs and Safety. Refer to the Strategies and Action Plan Section for details

Great Start Collaborative Strategic Plan 2009-2012

In partnership with the Early Childhood Investment Corporation (ECIC), Midland County Great Start Collaborative created a Strategic Plan covering youth ages 0-6. A comprehensive needs assessment was completed as well as focus groups held in order to determine goals and strategies for Midland County youth ages 0-6. The Youth Master Plan collaborated with and fully supports this effort.

Great Start Collaborative Strategic Plan Early Childhood (ages 0-6)

Physical Health Component

Goal: Infants, young children and their families are physically healthy

Strategy 1: Improve public awareness of the importance of breastfeeding and increase the number of breastfeeding opportunities

Strategy 2: Help reduce childhood obesity by promoting healthy eating and physical activity for young children and their families

Strategy 3: Promote improved oral and dental health for young children

Social/Emotional Health Component

Goal: Infants, young children and their families are socially and emotionally healthy

Strategy 1: Enhance the understanding of and support for early childhood providers regarding social/emotional health and interventions for young children

Strategy 2: Enhance the understanding of and support for families regarding social/emotional health and interventions for young children

Strategy 3: Increase the availability of mental health services for families with children birth to 6 years

Parent Leadership Component

Goal: Families support and guide the early learning of their children ages 0-6

Strategy 1: Expand the number of family support services available in Midland County

Early Care and Education Component

Goal: Families have access to high-quality early care and education

Strategy 1: Increase the number of free/low cost high quality preschool opportunities available to all children in Midland County

Strategy 2: Expand quality preschool experiences for 3 year old children in Midland County

Strategy 3: Expand the Midland County Quality Preschool Partnership training plan to include training opportunities for all preschool providers

Strategy 4: Increase quality training opportunities for child care, relatives & aide caregivers, and preschool educators in Midland County

Strategy 5: Identify and adopt a common, developmentally appropriate definition of “ready for kindergarten” in Midland County

Strategy 6: Increase the number of early childhood programs that provide quality care for children in Midland County

Family Support Component

Goal: Families of infants and young children are safe and economically stable

Strategy 1: Increase community awareness of early childhood programs and resources in Midland County

Strategy 2: Increase awareness and utilization among community partners of family friendly practices

Strategy 3: Increase the knowledge and awareness of Midland County families to improve access to programs and services

Strategy 4: Strengthen collaboration between early childhood service providers and agencies that provide families with basic needs services

Measures and Action Plans for Youth Master Plan Strategies

Physical Health

Youth Master Plan Strategies and Actions 2010-2020

Objective: Improve Health of Midland County Youth.

Goal: Increase/improve coordination and collaboration of services provided to youth that target physical health

Measures	Current Level	Target	Basis for Target	Source
Fitness Level	Middle School: 67.9% High School: 65.8% Elementary School:38%			MIPHY – 2008 MIPHY – 2008 Presidential Fitness Award Testing
Obesity	Pre-School:12.4% Elementary School:17% Middle School:17.6% High School:25.1%			NAHANES MIPHY - 2008
Participation in Activities	High School: 63% Middle School: 70.4%			Profiles for Student Life 2007
Teen Pregnancy	15-19 yr old girls (94) Rate: 30.4 per 1000			Michigan Department of Community Health 2008 Pregnancy Rates by County

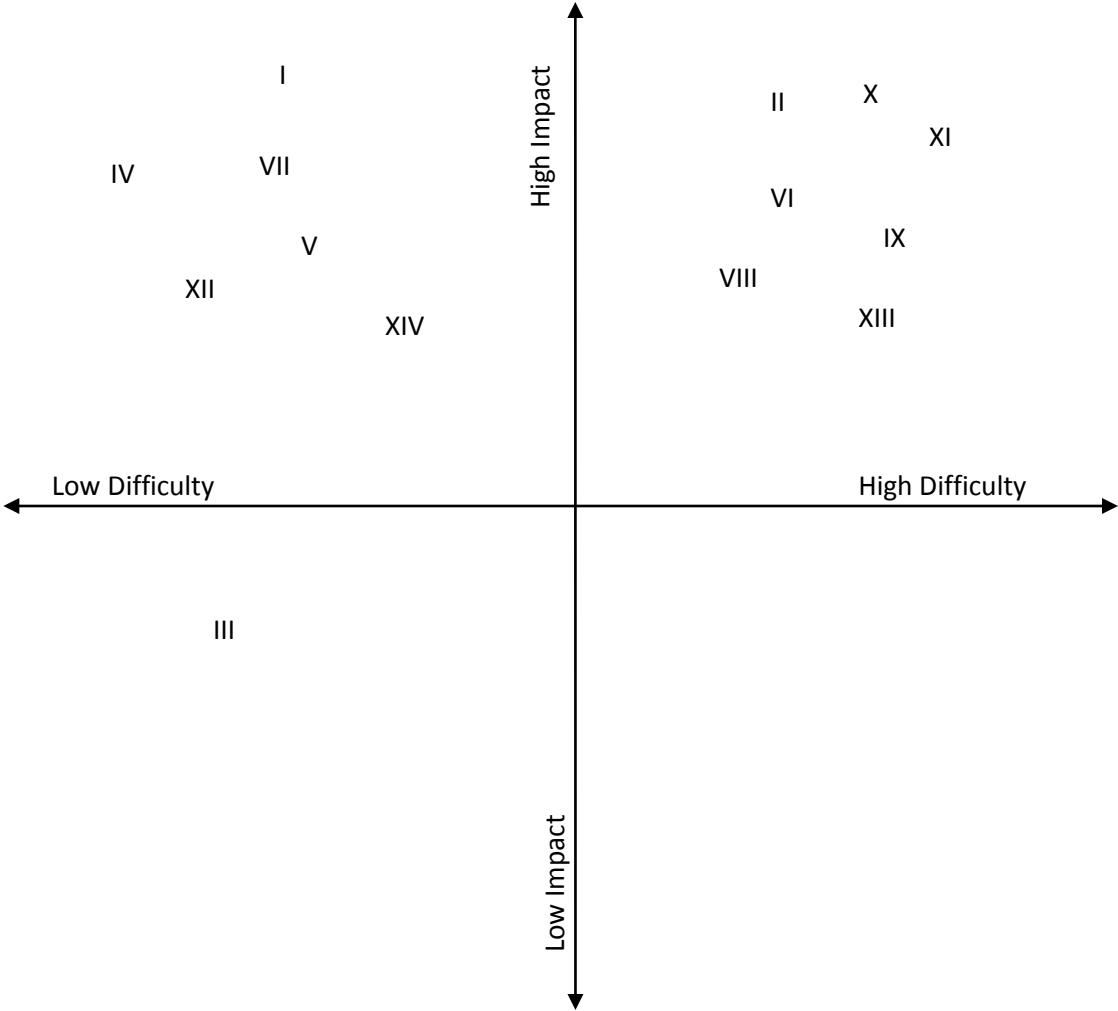
Strategies and Action Plan – Physical Health

Strategy	Difficulty (H/L)	Impact (H/L)
I. Increase the number of youth involved in sports/fitness programs	L	H
II. Develop a youth web site, a centralized location for information	H	H
III. Improve the communication of resources available to those in need	L	L
IV. Increase collaboration between fitness experts, providers, and schools	L	H
V. Surround youth with quality adult role models	L	H
VI. Improve reliable, affordable access to transportation	H	H
VII. Educate & implement fitness, injury prevention and nutrition	L	H
VIII. Improve access to healthy foods	H	H
IX. Re-invigorate prevention efforts through education of students and parents on sexuality	H	H
X. Help parents succeed as sex educators	H	H
XI. Help kids create a positive view of their future	H	H
XII. Enhance new parent mentoring	L	H
XIII. Increase access to medical and dental services	H	H
XIV. Expand the knowledge of prescription drug formulary.	L	H

* Strategies in bold indicate inclusion based on prioritization in regards to level of difficulty and level of impact.

Strategy Mapping

Physical Health



Strategies and Action Plan: **PHYSICAL HEALTH**

Strategies were identified to achieve the objectives of the Youth Master Plan. These are identified for each of the Plan’s strategic directions, along with the lead and supporting partners, and timeframe for implementation.

Recommendations: The following are the recommended strategies.

Strategy: Fitness	Lead Partner(s)	Current Initiatives	Potential Barriers
<p>I. Increase the number of youth involved in sports/fitness programs</p> <ul style="list-style-type: none"> • Expand programs that are working. Consider: Current Initiatives. • Expand satellite groups to more schools. Consider: jump rope, Girls on the Run, City Wide Track Meet, afterschool programs/kids partnered with adults • Incorporate Sports Time or Fitness into Child Care • Offer more recreational leagues to give all kids a chance to take part in structured sporting activities • Use best practices to encourage participation of youth. <ul style="list-style-type: none"> ○ Hold Recreation Fair at Middle Schools where parents can go from table to table to get info/sign up for year’s offerings ○ Personal invitation: ask kids in person to participate ○ Buddy system philosophy – Students paired with a friend or buddy get involved in activities they can enjoy together. ○ Group Psychology (Group Draw) - The desire to form and join social groups is extremely powerful. Groups give us our social identity, which contributes to our sense of who we are. 	<ul style="list-style-type: none"> -Schools -GMCC -WMFC -Campfire -Regional Resource Center -Shelterhouse -MiVibe 	<ul style="list-style-type: none"> -School Sports -Gym Classes -Jump Rope Teams -Paddleton -Girls on the Run -GMCC offerings -Curling, Karate -Parks/Playgrounds -Softball, Soccer -Tennis, Lacrosse -Wrestling, Football -Swim, Gymnastics -Weight training -Civic Arena -Skate Park -Rail Trail/bike path -Dance -Afterschool pgms -Free fitness MCC -Child Care into Sports Time -Leadership Adv. JCC -City Wide Track Mt. 	<ul style="list-style-type: none"> -Cost -Apathetic Parents -Apathetic Kids -Single Parent Challenges -Gym/Facility space -Volunteers/ Mentors -Transportation -Competitive pressure – feeling ‘not good enough’ to participate -Access to age appropriate equipment

Strategy: Fitness	Lead Partner(s)	Current Initiatives	Potential Barriers
<p>II. Develop a youth web site, a centralized location for information</p> <p>Consider :</p> <ul style="list-style-type: none"> • Utilize Facebook, Twitter. • Create links to programs, counseling, emergency care, help, fitness classes, sports opportunities, leagues, drop-in activities <ul style="list-style-type: none"> ○ Include listings of local dentists who provide periodic free services and who accept Medicaid patients ○ Provide easy sign-up and payment methods • Provide health and nutrition information: healthy snack ideas, recipes, classes, reminders, fun facts • Show data and measures that get attention <ul style="list-style-type: none"> ○ Consider: Tip of the day from The Legacy Center “Take your child to lunch today”, Did you know that 70% of 16 year olds have had more then 1 partner. Talk to your child about sex”. 	<ul style="list-style-type: none"> -Legacy Center -Schools -GMCC -WMFC -Civic Area -Tennis Center -Leagues: <ul style="list-style-type: none"> Baseball Football Softball Lacrosse Soccer Hockey -Figure Skating -Speed Skating -Civic Arena -Health Dept 	<p>Legacy Center Web Page Development</p> <p>YMCACHGO.Org (consider for best practice)</p>	<ul style="list-style-type: none"> -Cost -Collaboration -Management of data -Medium to use -Non-central location for all fitness/sports data
<p>III. Improve the communication of resources available to those in need:</p> <ul style="list-style-type: none"> • 2-1-1: United Way <p>Use MCTV as a vehicle for disseminating public health information: Move MCTV to lower channel in Charter line-up</p>	<ul style="list-style-type: none"> -United Way 		
<p>IV. Increase collaboration between fitness experts, providers, and schools</p> <ul style="list-style-type: none"> • Increase opportunities to provide free “learn to play” programs (like Tennis Center) • Incorporate physical education activities into recess time (on a pre-scheduled basis) • Utilize before/after school time to bring in groups for trial play • Use teacher education days or PR days to teach about importance of fitness and nutrition 	<ul style="list-style-type: none"> -Schools -Campfire -Health Dept. -WMFC -GMCC -Tennis Center -Sports: i.e <ul style="list-style-type: none"> Baseball Football Softball Lacrosse -Figure Skating -Speed Skating -Civic Area 	<ul style="list-style-type: none"> -Tennis Center Learn to Play -Paddleton -Jump-rope program -Field Day -Gym Class 	<ul style="list-style-type: none"> -Cost -Collaboration -Education -Time -Gym/Facility Space

Strategy: Fitness	Lead Partner(s)	Current Initiatives	Potential Barriers
<p>V. Surround youth with quality adult role models</p> <ul style="list-style-type: none"> • Build a bigger volunteer pool with skills needed to be successful. • Provide training for coaches and volunteers to build assets 	<ul style="list-style-type: none"> -Schools -GMCC -Tennis Center -Sports -Figure Skating -Speed Skating -Civic Area 	<ul style="list-style-type: none"> -Community Center -Coach's Clinics & education. -Girls on the Run -Coaching Clinics: Soccer Club MGSL -USA Hockey Program 	<ul style="list-style-type: none"> -Willing volunteers -Cost of training -Tools needed for excellence
<p>VI. Improve reliable, affordable access to transportation. Consider:</p> <ul style="list-style-type: none"> • Transportation to and from activities in a cool "fitness express" vehicle • Mimic Senior Services car model • Create a reliable transportation solution for health related appointments: doctor, dental, eye care, Health Dept. • Create satellite services around the county for medical, dental, eye care, Health Dept Services, PRC. Consider locations like: WMFC, NMFC, Coleman Railway 			<ul style="list-style-type: none"> Location of activities Cost Utilization Volunteers Liability
<p>VII. Educate & implement fitness, injury prevention and nutrition.</p> <ul style="list-style-type: none"> • Train coaches on body development and best practices for strengthening and stretching to decrease injury. <ul style="list-style-type: none"> ○ Focus on middle school population where decisions are made, patterns set, high physical development occurs. • Increase nutrition education and awareness to students, parents, and teachers. Consider: <ul style="list-style-type: none"> ○ Teach portion control, nutrition benefits: injury prevention, improved behavior ○ Integrate nutrition into school lesson plans (science, math, reading) ○ Grow gardens at school (Cook) ○ Utilize Common Ground class in middle school to emphasize fitness and nutrition. ○ Use assemblies to challenge the youth and increase the awareness and importance of fitness and nutrition ○ Use guest speakers for nutrition topics ○ "Nutrition Awareness Week": Community wide messages and programming ○ Provide nutrition/conditioning/fitness brochures in waiting rooms: ER, Urgent Care, physicians offices 	<ul style="list-style-type: none"> -MMMCC -GMCC -Parent Groups -Schools -Physical Therapists Coaches 	<ul style="list-style-type: none"> -Health fairs -Wellness day at the mall -MMMCC: -Wellness fair, Rate Your Plate -Know Your BMI -Rethink Your Drink -Schools: Wellness policy, Breakfast in Elementary, Health and Wellness classes 	<ul style="list-style-type: none"> -Lack of Support from Midland Sports Leagues, Clubs, or Coaches -Lack of support from coaches, teachers, administration -Lack of utilizing social networking for messages. -School Curriculum Guidelines -Teacher support -Parent support

Strategy: Nutrition	Lead Partner(s)	Current Initiatives	Potential Barriers
<p>VIII. Improve access to healthy foods</p> <ul style="list-style-type: none"> • Provide healthy breakfast options at school for all students • Make healthy options more convenient and affordable <ul style="list-style-type: none"> ○ Provide quick, convenient low cost pickup food: bananas, yogurt, granola, nuts... ○ Classroom rewards – choose healthy reward ○ Restrict students access to pop on school property • Encourage parents to provide a balance of healthy foods and drinks when providing food at school 	<ul style="list-style-type: none"> -Schools -Parents -Health Dept -Mid Michigan Medical Center 	<p>MPS:</p> <ul style="list-style-type: none"> -State Wellness policy for all schools -Portion control -Fruit and Veggie Bar -After school program snacks -getting healthier -Ability to accommodate multiple special diets 	<ul style="list-style-type: none"> Parents Students School Cost
Strategy: Teen pregnancy	Lead Partner(s)	Current Initiatives	Potential Barriers
<p>IX. Re-invigorate prevention efforts through education of students and parents on sexuality.</p> <ul style="list-style-type: none"> • Show the Midland County data to parents to help them understand that kids exploring their sexuality is an issue we should not ignore as parents • Expand and mirror church based sexuality education programs – Consider: <ul style="list-style-type: none"> ○ The national “OWL” program, Theology of the Body film with Q & A parents and kids in same room (dinner included) • Provide good, un-biased, clear, consistent, and accurate information on sexuality, sexually transmitted diseases, and preventing pregnancy • Offer “options counseling” for male and female. <ul style="list-style-type: none"> ○ Kids need to have a plan before they get to far involved sexually. They need to understand the options. Family Planning, STD’s, contraception ○ Classes that ask the question “if you get pregnant, then what would you do” and “if you get someone pregnant, then what would you do”. ○ Budget skills: Need to understand expenses, resources, time commitment involved in becoming a parent ○ Programs or education that offer immediate rewards work among teens. \$’s for stuff, free t-shirt, free food... 	<ul style="list-style-type: none"> -Church -School -MMMC -PRC -Health Dept. -FCS 	<p>School:</p> <ul style="list-style-type: none"> -Health Class -Life Skills Class -Topics for Teens <p>PRC :</p> <ul style="list-style-type: none"> -Prevention -Free pregnancy testing -Free ultra sounds -Abstinence presentation to MPS upon request -Healthy Relationships Class <p>Health Dept:</p> <ul style="list-style-type: none"> -Family Planning Education -Contraception with no parent consent -Prenatal vitamins 	<ul style="list-style-type: none"> -Parent Leadership -Community Support for topic

Strategy: Teen pregnancy	Lead Partner(s)	Current Initiatives	Potential Barriers
X. Help parents succeed as sex educators. <ul style="list-style-type: none"> ○ Encourage parent involvement in talking with their kids. This will open door to talk about issues like sex. ○ Encourage family together time ○ Help families set appropriate boundaries ○ Parents need to help kids with planning and decision making 	-Schools -Church -PRC -FCS -Health Dept		-Apathetic Parents
XI. Help kids create a positive view of their future Ability to break the mold and reach for something better <ul style="list-style-type: none"> ● Continued higher education 	-Schools -CFTA -GMCC -Creative 360 -Library -MITECH		-Family history of federal and state aid -Apathetic Kids -Apathetic Parents
XII. Enhance “new parent” mentoring <ul style="list-style-type: none"> ● Adult support to give emotional support, and check on follow-up care for mother, baby, and father <ul style="list-style-type: none"> ○ Role model and support for father, encouraged leadership ○ Resources to help the mom get a job ○ Job skills ○ Organization skills ○ House- keeping skills ○ Support to continue higher education 	MSU Extension Services -MMMC -Great Start -FCS -PRC	Pregnancy Resource Center: -Baby Clothes - Parent Education Classes - Earn \$’s while you learn Family and Children Services: -Prepared Parents -DULA - Pregnancy Coach MMMC: -Breastfeeding Classes Health Dept: -Maternal Infant Health Program	-Apathetic Parents -Basic Needs Not Met

Strategy: Access to Care	Lead Partner(s)	Current Initiatives	Potential Barriers
XIII. Increase access to medical and dental services <ul style="list-style-type: none"> • Expand scope of MMRMC Urgent Care Clinics to provide non-emergency medical care • Collaboration of MMRMC Emergency Room and Urgent Care Services to equalize supply and demand. • Consider offering “ask a nurse” hot line • Establish volunteer medical clinic One approach could be a “virtual” clinic where health care professionals could dedicate a fraction of their work week, say 2-4 hours per week, to serving the poor at their own office. A scheduling coordinator would route patients to the appropriate office based on which physician was “on call” during that time. • Consider a “Mobile Dental Clinic”. Consider Bay City model • Increase awareness of importance of dental hygiene and healthy choices 	MMMC	About 60 youth served a year in dental -2-4 youth served for orthodontics -Delta College dental hygiene programs low cost x-rays, cleaning, fluoride	
XIV. Expand knowledge of the drug assistance program. Need access to lower cost pharmaceuticals. The more specialized and branded drugs are a problem.	-United Way -Meijer -Wal-mart -Midland Health Plan	-FamilyWize Prescription Card -The large retail chains have done a great job making common generic drugs available at low to no cost.	-Drug Companies -More specialized and branded drugs are a problem

Target: Set clear number to work toward, a best practice to achieve. Create a clear consequence when not met: Could have rating system. A = ++%, B = +%, C = Same, D = less participation

Recognize and celebrate success – this will create momentum for YMP

- Black Tie Event like the United Way or JA Red Carpet Awards
- Awards for outstanding achievements

Social/Emotional/Spiritual Health

Youth Master Plan Strategies and Actions 2010-2020

Objective: Improve Social, Emotional and Spiritual Health of Midland County Youth

Goal: Increase/improve coordination and collaboration of services provided to youth that target social, emotional and spiritual health

Measures	Current Level	Target	Basis for Target	Source
Constructive Use of Time <ul style="list-style-type: none"> • Creative Activities • Youth Programs • Religious Community • Time at Home 	22% 61% 58% 61%			Profiles of Student Life 2007
Social Competencies <ul style="list-style-type: none"> • Planning and Decision Making • Interpersonal Competence • Cultural Competence • Resistance Skills • Peaceful Conflict Resolution 	30% 47% 41% 46% 51%			Profiles of Student Life 2007
Positive Identity <ul style="list-style-type: none"> • Personal Power • Self-esteem • Sense of Purpose • Positive View of personal future 	46% 47% 59% 72%			Profiles of Student Life 2007

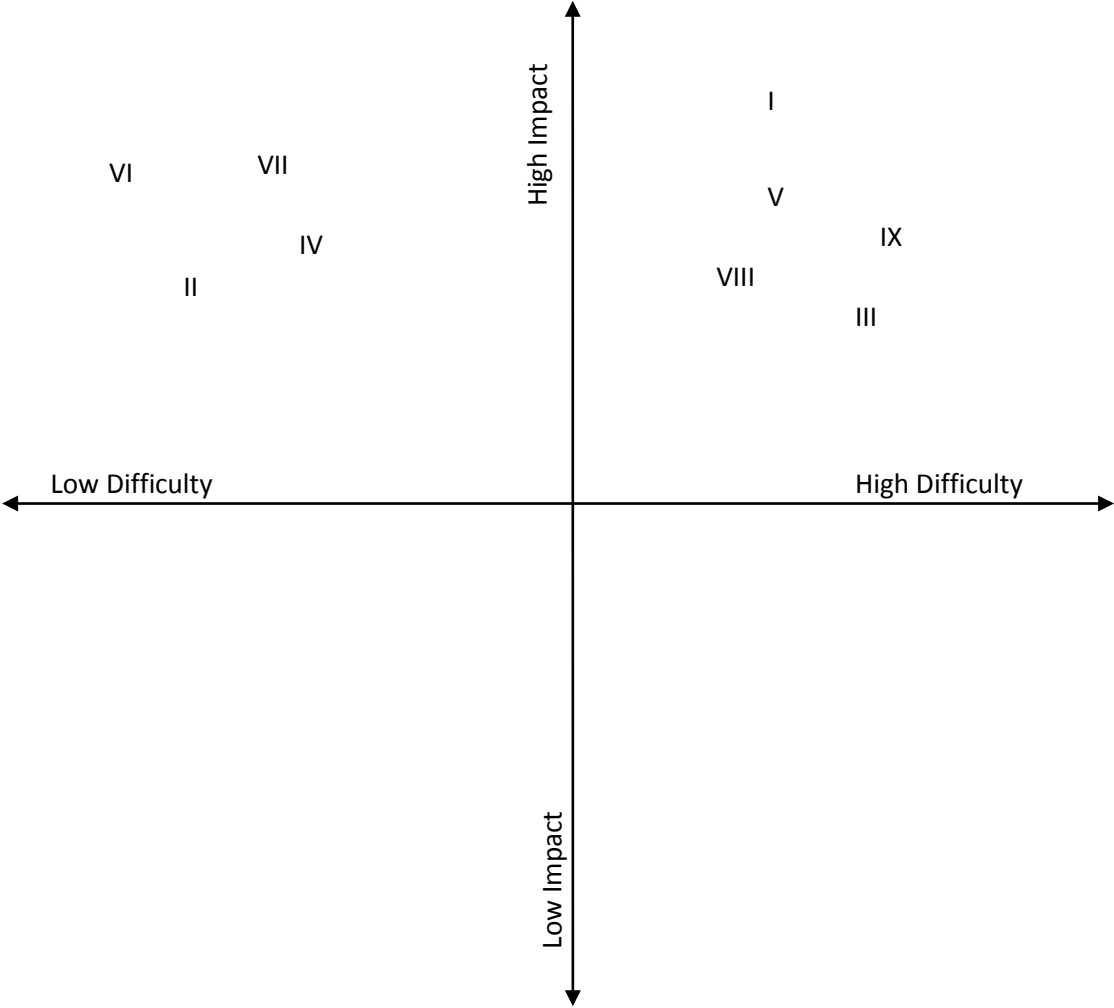
Strategies and Action Plan – Social/Emotional/Spiritual

Strategy	Difficulty (H/L)	Impact (H/L)
I. Improve access to mental health services for youth	H	H
II. Improve community partnerships with mental health professionals	L	H
III. Increase number of positive peer influences for high risk youth	H	H
IV. Educate community on normal developmental stages of social and emotional health for our youth by educating youth oriented organizations	L	H
V. Improve emergency services for youth in crisis	H	H
VI. Expand social opportunities and activities that demonstrate positive results for youth.	L	H
VII. Increase communication and engagement between youth and adults. Celebrate youth in the community.	L	H
VIII. Strengthen and empower families to have a positive impact on their children's development.	H	H
IX. Provide affordable, safe, and reliable transportation between residential areas and popular youth destinations.	H	H

* Strategies in bold indicate inclusion based on prioritization in regards to level of difficulty and level of impact.

Strategy Mapping

Social, Emotional, Spiritual Health



Strategies and Action Plan: Social/Emotional/Spiritual

Strategies were identified to achieve the objectives of the Youth Master Plan. These are identified for each of the Plan's strategic directions, along with the lead and supporting partners, and timeframe for implementation.

Recommendations: The following are the recommended strategies.

Strategy: Mental Health	Lead Partner(s)	Current Initiatives	Potential Barriers
<p>I. Improve access to mental health services for youth</p> <ul style="list-style-type: none"> • Increase resources and services at school • Create scholarships for those who do not meet the Medicaid “carve-out” • Create support services for families with adopted young children from other countries • Increase services provided for: <ul style="list-style-type: none"> ○ Fetal Alcohol Syndrome ○ “failure to thrive” ○ Gifted youth 	-CMH -FCS -Schools -Mental Health Providers	For those with more severe needs, there are services available, but there is a large gap for those who do not meet the Medicaid carve-out	-Cost -Collaboration
<p>II. Improve community partnerships with mental health professionals</p> <ul style="list-style-type: none"> • Create a partnership between schools and mental health professionals <ul style="list-style-type: none"> ○ Communicate between teachers and area mental health entities about services available ○ Increase resources in the schools to support the overwhelmed school counseling staff • Create a partnership and improve communications between doctors and mental health professionals 	-Schools -Mental Health Providers -Doctors	ARC/CMH working together to present in all area 9 th grade health classes on topic of mental health: signs, symptoms, resources	-Collaboration
<p>III. Increase number of positive peer influences Investigate and implement ways to integrate struggling youth with peer mentors</p>	-JCC -Schools		-Collaboration
<p>IV. Educate community on normal developmental stages of social and emotional health for our youth by educating youth oriented organizations</p> <ul style="list-style-type: none"> • Share strategies to support social and emotional well being by developmental stages • Educate on signs of social and emotional well being <ul style="list-style-type: none"> ○ Red flags that indicate concern • Create awareness of referral sources for expert consultation and assistance • Debunk commonalities that are not best practices such as: <ul style="list-style-type: none"> ○ Labeling adolescents as “anti-social” if he does not feel remorse ○ The absence of “face saving” practices for adolescents ○ Encouragement of “lying” to get out of trouble (writing a letter of apology when they don’t mean it) ○ Suspensions and or not being able to participate in sports for “trouble” 	-CMH -FCS -Schools -Mental Health Providers		

Strategy: Emergency Services	Lead Partner(s)	Current Initiatives	Potential Barriers
<p>V. Improve emergency services for youth in crisis</p> <ul style="list-style-type: none"> • Offer sustained services that teach professionals and community members about suicide signs <ul style="list-style-type: none"> ○ Continue/expand ASSIST program offered through CMH ○ Inform community about services accessed through 2-1-1. Consider marketing to students and parents through school channels ○ Educate parents, teachers and youth leaders about signs of suicide • Include and collaborate with law enforcement about youth needing services • Involve youth and get their input on how to best provide emergency services for youth in crisis 	<ul style="list-style-type: none"> -United Way -Shelterhouse -Juvenile Court -Red Cross -CMH 	<ul style="list-style-type: none"> -211 -ASSIST program 	<ul style="list-style-type: none"> -Cost -Collaboration

Strategy: Support	Lead Partner(s)	Current Initiatives	Potential Barriers
<p>VI. Expand social opportunities and activities that demonstrate positive results for youth.</p> <p>Consider the following:</p> <ul style="list-style-type: none"> • Provide workshops and best-practice programs for children that evaluate and track results. <ul style="list-style-type: none"> ○ Use evaluation results to see if programs are achieving objectives. Take corrective actions if they are not. Consider modeling Harlem Children’s Zone. ○ Insure programming builds assets, including self respect and healthy living. • Insure youth are surrounded by an enriching environment of college-oriented peers and supportive adults. <ul style="list-style-type: none"> ○ Consider creating skateboarding, roller-rink club • Encourage increased collaboration and shared resources. <ul style="list-style-type: none"> ○ Provide youth focused arts, cultural events, and opportunities. Consider <ul style="list-style-type: none"> ▪ Internet Arts: Walk through the Louvre Museum, Visit New York on-line ▪ Bring Arts to the kids(school, GMCC) • Encourage youth to try new things, go in different directions and make new connections. Consider offering: <ul style="list-style-type: none"> ○ Co-ed intramural sports, martial arts competitions ○ Teen version of “Tourist in Your Own Town” ○ Teach kids the possibilities and get them to start dreaming. Hope for a better future. ○ Bring in speakers to show real life examples of successful people. People who broke the mold: Pastry chef, Woman pilot 	<ul style="list-style-type: none"> -GMCC -WMFC -MCC -Center for the Arts -Grace A. Dow Library -Church -City of Midland -America’s Promise -Creative 360 -Schools 	<ul style="list-style-type: none"> -Mighty Program at ROCK (purpose, personal power, hope) -GMCC-leagues -Boy Scouts -Girl Scouts -Scholarships -4H -Young Eagles -Key Club -Honor Society -Free Library pgms -Summer arts classes/pgms -Church Mission trips -United Way Volunteer Connections -Church & School Volunteer programs -VolunTEEN program 	<ul style="list-style-type: none"> -Lack of Adult Role Models -Homework overload -Time in youth’s schedule -Having adult volunteers that are not perceived by the youth as Role Models -Liability issues of not having one on one with youth. -Disconnecting coaches, teachers and adults away from kids in informal relationships that once existed.

<ul style="list-style-type: none"> • Help youth create balance in their schedule: Teach time management skills. 		<ul style="list-style-type: none"> -Teen board members of non-profits, key clubs, MCYAC -New Life Vineyard Transports 25 kids to Rock for events. Turns out to be Kids that do not go to church. -Mentoring programs -Girls on the Run -Big Brothers Big Sisters (BB/BS) -BB/BS Teen Mentors -Facing Forward -Youth/Family Center programs -School sports, band, theater, other - Club Sports: Soccer, Lacrosse, Hockey, Baseball, Softball... -Dolphins -MCYAC -Opportunities/ facilities for people w/ disabilities -Center for the Arts -ROCK -GMCC -MiTech + -Vocational school programs 	<ul style="list-style-type: none"> -Lack of the youth's voice in program selections -Transportation: County Connection is unreliable -Reverse stigma: county kids don't want to come to town for programs. Feel judged and uncomfortable going to Center For Arts, Library, Dow Gardens -Kids from Coleman, Meridian, Bullock Creek feel like outsiders in town. -Cost of involvement in arts activities, sports and others -Access to students during the school day
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Strategy: Support	Lead Partner(s)	Current Initiatives	Potential Barriers
<p>VII. Increase communication and engagement between youth and adults. Celebrate youth in the community.</p> <ul style="list-style-type: none"> • Create a forum where youth can provide input to address needs in our community. • Establish a recognition program for teens in the areas of community service, art, leadership, and other positive community impacts. Insure recognition acknowledges not just “over-achieving youth.” • Surround youth with adult mentors <ul style="list-style-type: none"> ○ Create a support and advisory safety net • Expand volunteerism. <ul style="list-style-type: none"> ○ Create a “Volunteer Awareness Week”. ○ Count, Measure, Publish, Celebrate YOUTH volunteer hours. Inspire and create a sense of pride in living in a community that gives back. 	<p>Big Brother Big Sister United Way MCYAC Schools Church MDN -Chamber of Commerce</p>	<p>-United Way Youth Awards -MCYAC -Youth Leadership -MDN</p>	<p>-Self-esteem safety net: Competition can be great; however it can also be a self-esteem buster and make kids feel like LOSERS. Need a “safety net” or adult who can talk with kids and help put these life tragedies in perspective</p>
<p>VIII. Strengthen and empower families to have a positive impact on their children's development.</p> <ul style="list-style-type: none"> • Identify at-Risk kids or kids not bonding to school and address barriers in youth’s life. • Update parents on key community issues and concerns • Work to build Community Pride. <ul style="list-style-type: none"> ○ Create a community atmosphere that supports children when parents are not able to. Consider modeling Harlem Children’s Zone theory. 	<p>Midland Daily News Church School Great Start Col. United Way</p>	<p>-0-5 parent groups -Our community does a great job recognizing the premier athlete, best academic. -Midland Daily News</p>	<p>-All kids not just “all stars”, need to feel recognized for their abilities. -The coach, teacher, group leader focused solely on the goal of winning or getting the best grade misses the opportunity to create an environment where ALL kids can flourish and thrive.</p>
<p>IX. Provide affordable, safe, and reliable transportation between residential areas and popular youth destinations.</p>	<p>County Connection Dial A Ride</p>		

Education

Youth Master Plan

Strategies and Actions

2010-2020

Objective: Families have access to high quality education. Youth are ready to succeed in school and life.

Goal: Increased services to enhance the educational systems in Midland County with emphasis on the economically disadvantaged.

Measures	Current Level	Target	Basis for Target	Source
Combined Reading and Math Proficiency Levels: High Schools	MHS: 78.7 DOW: 78.1 BC: 52.9 Coleman: 46.1 Meridian: 48			Schools
Combined Reading and Math Proficiency Levels: Middle Schools	Jefferson: 91.8 Northeast: 90.6 Central: 80.8 Bullock Creek: 80.9 Meridian: 78.3 Coleman: 74.9			Schools
Combined Reading and Math Proficiency Levels: Elementary Schools	MPS Adams: 92.9 Chestnut Hill: 91.0 Cook: 90.0 Eastlawn: 85.3 Carpenter: 85.2 Longview: 79.5 Chippewassee: 74.9 Woodcrest: 91.5 Parkdale: 90.5 Plymouth: 88.5 Seibert: 87.8 Mills: 81.6 BC Pine River: 88.5 Floyd: 85.3 Meridian: 84.1 Coleman: 81			Schools

Measures	Current Level	Target	Basis for Target	Source
Drop Out Rate/Graduation Rate	MHS: DOW: BC: Coleman: Meridian:			Schools
ACT Scores	MHS: DOW: BC: Coleman: Meridian:			Schools
Post Secondary Enrollment	MHS: DOW: BC: Coleman: Meridian:			Schools
Parent Involvement in Schools	33% of youth report that their parent is actively involved in helping them succeed in school			Profiles of student life survey

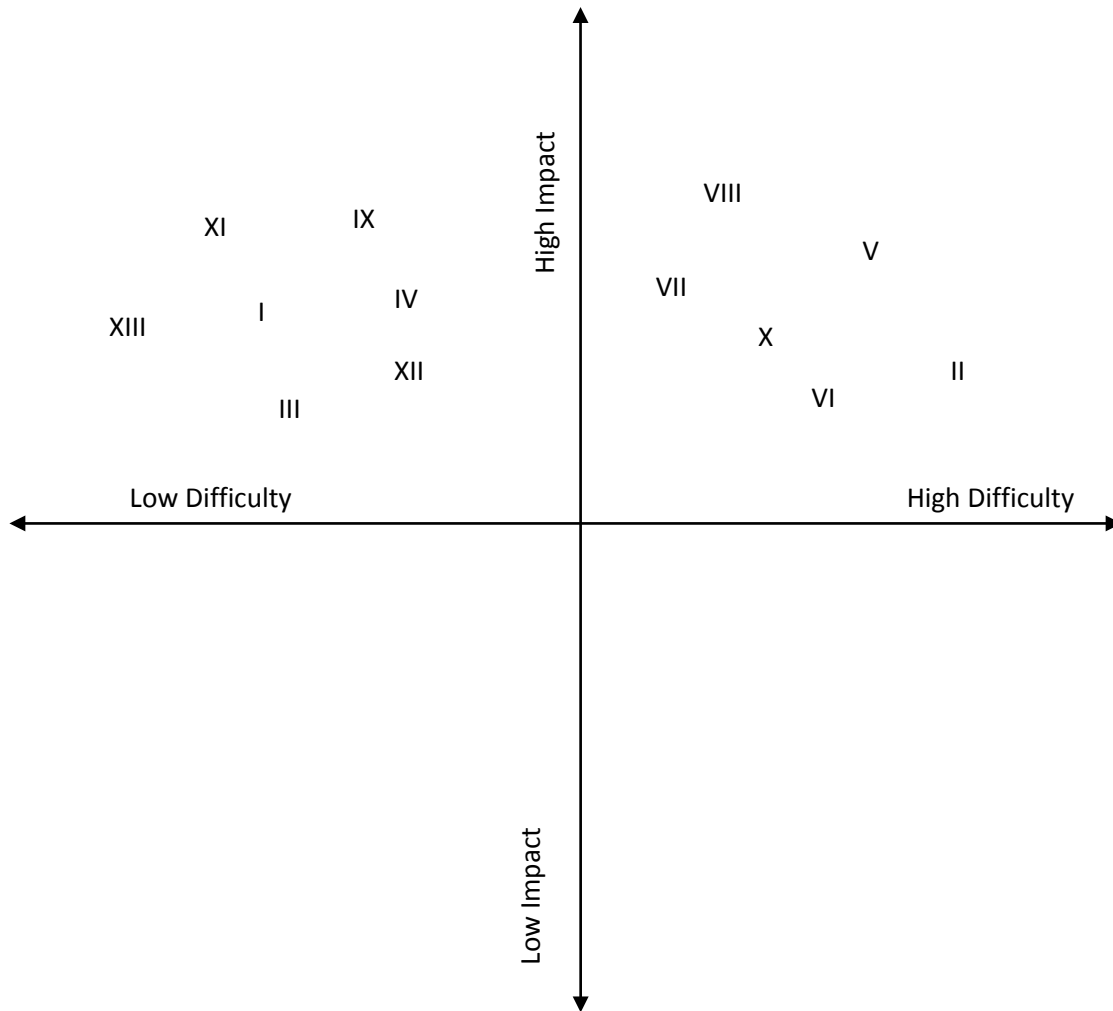
Strategies and Action Plan – Education and Parent Leadership

Strategy	Difficulty (H/L)	Impact (H/L)
I. Continue/Expand on Mentoring Programs for youth	L	H
II. Increase services to assist youth with graduation and transition into post high school life	H	H
III. Increase the availability of life experience enhancing programs	L	H
IV. Develop a Midland County Youth Website	L	H
V. Explore options regarding an integrated, regional Career Tech program for Midland County students	H	H
VI. Increase availability of counseling/advising for students	H	H
VII. Increase availability of after school activities	L	H
VIII. Improve Inter County/City transportation	H	H
IX. Increase parent engagement in schools	L	H
X. Continue/Expand on Parent Skills Services for all three age groups (early, elementary, middle school, high school ages)	H	H
XI. Develop Parent Mentor Groups	L	H
XII. Expand Training for Coaches/Parent Leader roles	L	H
XIII. Increase opportunities for adult-led groups	L	H

* Strategies in bold indicate inclusion based on prioritization in regards to level of difficulty and level of impact.

Strategy Mapping

Education and Parent Leadership



Strategies and Action Plan – Education and Parent Leadership

Strategies were identified to achieve the goals of the Youth Master Plan. These are identified for each of the Plan’s strategic directions, along with the lead and supporting partners, and timeframe for implementation.

Recommendations: The following are the recommended strategies for action.

Strategy	Lead Partner(s)	Current Initiatives	Potential Barriers
<p>I. Continue/Expand on Mentoring Programs for youth</p> <ul style="list-style-type: none"> • Continue/Expand programs that are working like Dow College Opportunity Program/BBBS • Expand utilization of college students Northwood currently has mentors, consider SVSU/Delta/CMU • Establish small group mentoring communities. Consider small group of children as well as one on one mentoring • Use peer to peer mentoring within schools i.e. high-school kids for middle school kids • Focus heavily on 6th-9th graders. They are transitioning and need help with peers, school work, goal setting, critical thinking skills and conflict resolution • DARE officer seems to be making more of an impact than the program itself 	<ul style="list-style-type: none"> -WMFC -BBBS -Dow College -META4 -Midland Mentors 	<ul style="list-style-type: none"> -Dow College Opportunity Program -Big Brothers/Big Sisters -Northwood Students mentor 6th-7th at Central Middle School and 6th at Bullock Creek -Midland Mentors -Lunchbox Learners -DARE officer is viewed as a positive mentor 	<ul style="list-style-type: none"> -Cost -Volunteers -Awareness of services -Participation
<p>II. Increase services to assist youth with graduation and transition into post high school life</p> <ul style="list-style-type: none"> • Inform, inspire and support youth in furthering their education. Help them understand the options: college, and post secondary education. Help them understand what it entails, how to get there, and its value. Focus on disadvantaged youth. <ul style="list-style-type: none"> ○ Improve the availability of information about post high school 2 and 4 year programs ○ Utilize the convenience of Delta, NU, SVSU, CMU to expose kids to a college experience ○ Emphasize Delta as a low cost high value institution • Sponsor “Career Day” invite local professionals in various fields to staff multiple “stations” where students can ask questions • Provide additional assistance to students in meeting graduation requirements <ul style="list-style-type: none"> ○ Consider summer programs to fulfill graduation requirements at low cost • Make better use of the E2020 program to accredit courses that meet graduation requirements 	<p>WMFC Schools</p>	<ul style="list-style-type: none"> -Genesee County has online life skills courses that has been successful in helping disadvantaged kids -Rick Dufour’s professional learning community programs successfully promote positive learning outcomes -Community Youth Career Fair: Saginaw County Community Action Committee& Parishioners on Patrol 	

Strategy	Lead Partner(s)	Current Initiatives	Potential Barriers
<p>III. Increase the availability of life experience enhancing programs Support programs and strategies that teachers can use to help students who are struggling.</p> <ul style="list-style-type: none"> • Dufour • MiBLSI • RTI • ICT 	<p>-WMFC -Dow College to Mentor Program -Schools</p>		
<p>IV. Develop a Midland County Youth Website</p> <ul style="list-style-type: none"> • Create a centralized location for youth and parents to gain awareness of youth related services/activities/programs <ul style="list-style-type: none"> ○ Consider including: parents corner ○ Utilize communication channels popular with youth: Facebook, Texting, School Papers ○ Piggyback on the 2-1-1 idea: ONE location to list all resources and provide links to easily access services ○ Involve youth in creating web site ○ Major campaign to gain awareness ○ Include in school p.a. announcements • Sponsor a “youth week” that increases awareness of activities for youth that includes special events 	<p>-The Legacy Center for Student Success</p>	<p>-The Legacy Center is currently in the process of creating Youth Website</p> <p>-Great Start Collaborative has a web site for early childhood</p>	<p>-Cost</p>
<p>V. Explore options regarding an integrated, regional Career Tech program for Midland County students</p> <ul style="list-style-type: none"> • There is a need for integrated program for Midland County • Advocate changing graduation requirements to allow room in the curriculum for career tech programs • Provide exploratory CTE opportunities for middle school students, ‘career cruising’ 	<p>ESA MITECH+ Chamber of Commerce</p>	<p>Bay-Arenac Center -Saginaw Skill Center -STEM institute (Science, Technology, Engineering and Math)</p>	<p>-Grad. Requirements -Transportation -Fragmentation of 4 Midland County schools for CTE -New state req. limit students from pursuing career tech -unwillingness to leave home school</p>

Strategy	Lead Partner(s)	Current Initiatives	Potential Barriers
<p>VI. Increase availability of counseling/advising for students</p> <ul style="list-style-type: none"> • Not enough counselors in schools to help troubled kids • Expand the capacity of Family and Children’s Services and related agencies to be able to serve the families in need • Consider “You’ve Got Mail” program where teachers encourage and check up on a number of students via email • Advisors or Student Advocates working with students to create an individualized Action Plan that identifies concrete strategies to support student’s academic achievement-especially in critical transition from middle to high school 	<p>-Mental Health Providers/ Schools</p> <p>-Schools</p>	<p>-Harlem Children’s Zone Model</p>	
<p>VII. Increase availability of extracurricular activities</p> <ul style="list-style-type: none"> • Continue/Expand Field Trips. Experiencing interesting and educational places help to broaden minds-consider “e-trips” via the internet • Explore ways to make extracurricular activities more available at/to out county community <ul style="list-style-type: none"> ○ Subsidize/provide transportation/scholarships • Consider modeling North Midland Family Center’s weekly middle school night at other venues • Extracurricular activities, especially art related, are not available in the out County areas 	<p>MCC/WMFC Railway FC</p>		
<p>VIII. Improve Inter County/City transportation</p>			<p>Most programs, sports, creative activities, youth activities, experts, professionals are in the city and transportation can be daunting.</p>

Strategy	Lead Partner(s)	Current Initiatives	Potential Barriers
XII. Expand Training for Coaches/Parent Leader roles <ul style="list-style-type: none"> • Utilize resources such as www.responsiblesports.com • Look at the MAHL Star program for a model of best practice • Coach’s manual available to volunteers 	MCC MSC MAHL		-Time -Cost -Collaboration
XIII. Increase opportunities for adult-led groups <ul style="list-style-type: none"> • Youth can be with others who share like interests and can work together on projects. • Middle school ages appear to have least options 	MAFL Girl Scouts Boys Scouts	Key Club -Homework Hangout -The Rock	-Volunteers -Facility Space

Basic Needs

Youth Master Plan

Strategies and Actions

2010-2020

Objective: Families of youth are safe and economically stable.

Goal: Increased services to promote safe living environments and help to prevent child abuse and neglect and substance abuse

Measures	Current Level	Target	Basis for Target	Source
Confirmed Victims of Abuse or Neglect Children 0-17	Midland : 191			Kids Count Data book
Victim of Violence How many times in the past two years have you been the victim of physical violence where someone caused you physical pain or injury? (answered >1)	Midland: 29% National: 31% Midland Court Wards: 67%			Profiles of Student Life Attitudes and Behaviors Survey
Delinquency Rates Juvenile Crime				Data from Juvenile courts
Drug Use (Marijuana/ Other drug use)	8 th : 8% / 4% 10 th : 25% / 11% 12 th : 33% /14%			Profiles of Student Life Attitudes and Behaviors Survey
Alcohol Use Used alcohol once or more in the last 30 days	8 th : 15% 10 th : 36% 12 th : 46%			Profiles of Student Life Attitudes and Behaviors Survey
Peer Pressure to use	<u>Grades:</u> 8 th , 10 th , 12 th Alcohol: 24%, 49%,52% Marijuana: 13%,24%,28% Illicit Drug: 11%,13%,14%			2007 Michigan AOD Survey

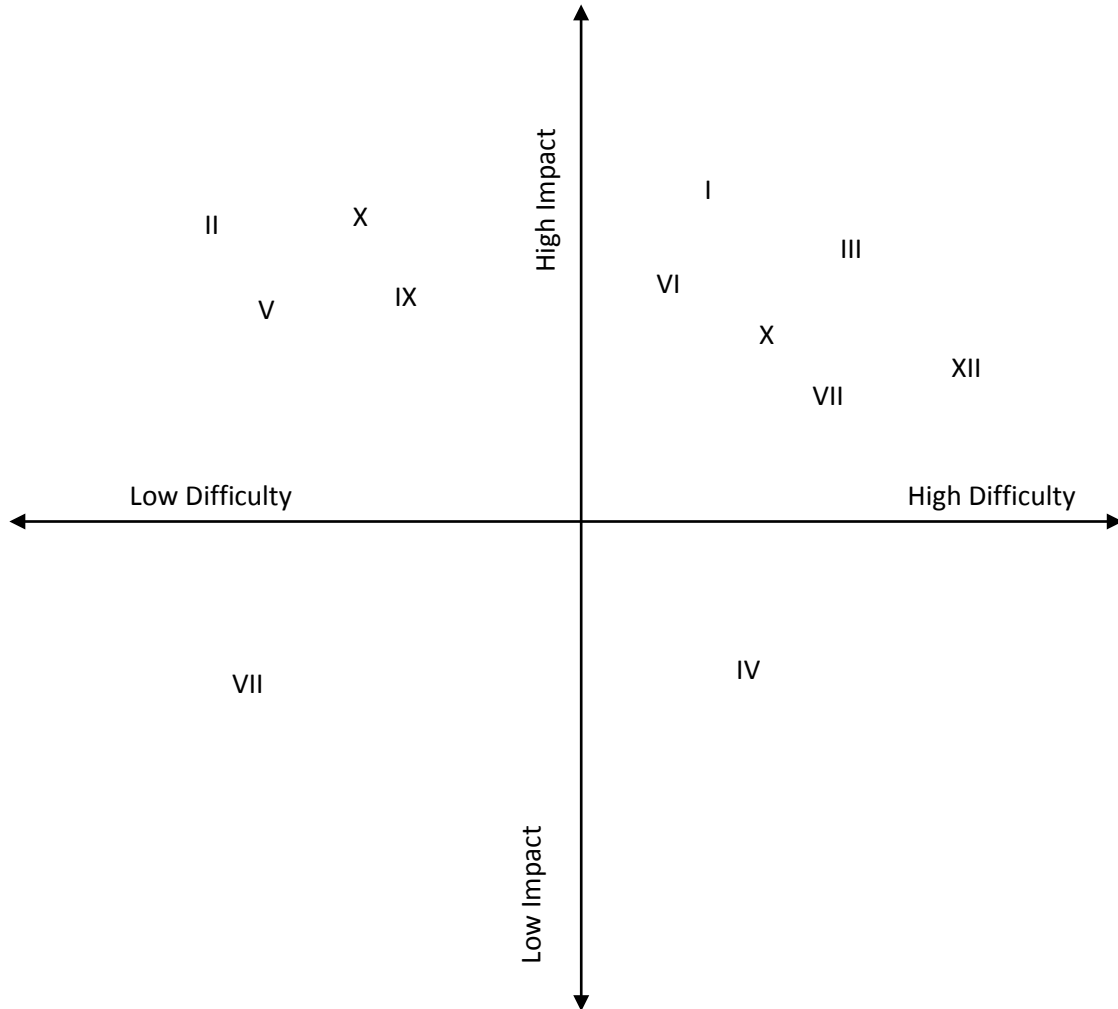
Strategies and Action Plan – Basic Needs

Strategy	Difficulty (H/L)	Impact (H/L)
I. Develop a strategic regional approach to public transportation needs	H	H
II. Improve Coordination among various food suppliers to the poor	L	H
III. Develop a coordinated government policy/perspective on housing	H	H
IV. Expand/Mirror Youth Works Program to help kids gain skills needed to obtain a job	H	L
V. Develop a broader adult mentoring program for all children	L	H
VI. Increase Anger Management Services/ Mental Health Services that are available in Midland County	H	H
VII. Increase prevention services geared at domestic violence/sexual assault	H	H
VIII. Identify more Independent Living Situations for kids	L	L
IX. Increase ability to identify and advocate for child abuse victims	L	H
X. Decrease the incidence of bullying	H	H
XI. Increase collaboration with school counselors, community agencies and rehabilitation centers to provide substance abuse intervention.	L	H
XII. Bring Drug and Alcohol Rehabilitation Center for youth to the Mid-Michigan Area.	H	H

* Strategies in bold indicate inclusion based on prioritization in regards to level of difficulty and level of impact.

Strategy Mapping

Basic Needs and Safety



Strategies and Action Plan – Basic Needs

Strategies were identified to achieve the goals of the Youth Master Plan. These are identified for each of the Plan’s strategic directions, along with the lead and supporting partners, and timeframe for implementation.

Recommendations: The following are the recommended strategies for action.

Strategy	Lead Partner(s)	Current Initiatives	Potential Barriers
<p>I. Develop a strategic regional approach to public transportation needs</p> <ul style="list-style-type: none"> ● Benchmark best practices. Consider: <ul style="list-style-type: none"> ● Engaging Great Lakes Bay region Leadership ● Developing an integrated plan for Midland County involving all potential transportation providers that will cover all areas and timeframes <ul style="list-style-type: none"> ○ School buses ○ Dial a Rides in all three counties ○ Family centers and comparable agencies that have vehicles ○ Frequency and timing of vehicles ○ Intersecting fixed routes with transfers vs curb-to-curb services ○ Private and public transportation providers ● Segment need for transportation: job and medical activities ● Explore and develop pooled volunteer car transportation arrangements using central coordinating agency – model after Angel Flights Network ● Consider a “Senior Services” type model to support families with transportation so that youth can participate in services/programs ● Enhance bicycle and pedestrian infrastructure 	<ul style="list-style-type: none"> -Dial A Ride -County Connection -Great Lakes Bay Region -Bay Metro -Gladwin and Isabella County -Midland Public Schools -Midland County ESA 	<ul style="list-style-type: none"> -Dial A Ride -County Connection -Arnold Center makes regular trips to Hemlock for a project they work on and will fill bus to capacity at no cost to rider 	<ul style="list-style-type: none"> -Cost -Coordination

Strategy	Lead Partner(s)	Current Initiatives	Potential Barriers
<p>II. Improve Coordination among various food suppliers to the poor</p> <ul style="list-style-type: none"> • Consider housing providers network model <ul style="list-style-type: none"> ○ Food Pantries/ Soup Kitchens ○ Faith-based Organizations ○ Schools • Utilize Open Door and Midland Area Homes networks to publicize information regarding food availability – these organizations can act as clearing houses with information and forms • Consider closed campus at high schools. Phase in beginning with 9th grade and eventually extend to entire school. This action would mitigate “stigmas” associated with program 	<ul style="list-style-type: none"> -Emergency Food Pantry Network -Church -United Way 	<ul style="list-style-type: none"> -Backpack Buddies -Emergency Food Pantry Network -Mobile Food Pantry Vehicle -Soup Kitchens -WIC -Salvation Army -Federal free/reduced price lunch program -Hidden Harvest -Church 	<ul style="list-style-type: none"> -Collaboration
<p>III. Develop a coordinated government policy/perspective on housing</p> <ul style="list-style-type: none"> • Benchmark communities that already have this • Increase collaboration on “Continuum of Care” <ul style="list-style-type: none"> ○ Utilize voucher system to get people into housing ○ Consider a home with house parent for kids with no home 	<ul style="list-style-type: none"> -Midland Area Homes -Shelterhouse -Local Government (City/County/ State) -MIHDA 	<ul style="list-style-type: none"> -Housing providers are currently working to develop coordinated system (common entry point in process, common registration form, etc) - Midland currently approaches housing on an ‘ad-hoc’ rather than an integrated, coordinated basis 	<ul style="list-style-type: none"> -Effect small % of people -Not enough \$’s locally to solve this problem -Need to capture homeless count
<p>IV. Expand/Mirror Youth Works Program to help kids gain skills needed to obtain a job</p> <ul style="list-style-type: none"> • Utilize their incentive program that helps youth successfully learn to earn • Youth Works Program eligibility requirements limit participation to <ul style="list-style-type: none"> ○ 16-19 ○ Economically disadvantaged (180% or less of federal poverty level) ○ Possess at least one barrier (disability, single parent, and homeless, receiving special education services...) • Train youth in work skills such as: interviewing, dress/appearance, resumes, accessing and using available resources, etc 	<ul style="list-style-type: none"> -MI Works -ESA-Career Tech -Career Centers -MITECH+ 	<ul style="list-style-type: none"> -MI Works was in place and working but this program is over. -Partnership in Education: Chamber of Commerce -GRAD Graduation Reading Assessment and Direction -Mock interview program -Career Showcase 	<ul style="list-style-type: none"> -Economy -Jobs -Regulations Health Care Min. Wage

Strategy	Lead Partner(s)	Current Initiatives	Potential Barriers
<p>V. Develop a broader adult mentoring program for all children</p> <p>All kids need positive adult role models, but not all kids have them</p>	<p>-BBBS -Midland Mentors -Family</p>		<p>-Volunteers</p>
<p>VI. Increase Anger Management Services/ Mental Health Services that are available in Midland County</p> <ul style="list-style-type: none"> • Increase service providers for anger management and child psychiatry • Create financial aid opportunities for those who do not qualify for Medicaid but cannot afford services • Include family therapy when providing service for Anger Management (parents need to be included in therapy) • Consider duplicating effort of the mental health service model at West Midland Family Center at the Railway Family Center to serve the youth in Coleman • Improve treatment options for perpetrators 	<p>-FCS/CMH Catholic Family Services -WMFC/ Railway Family Center</p>	<p>-PATT program At WMFC -FCS -CMH</p>	<p>- Funding -People qualifying for the services -Insurance</p>
<p>VII. Increase prevention services geared at domestic violence/sexual assault</p> <ul style="list-style-type: none"> • Use research and best practices to see if current programs are working and make recommendations if they are not best practices • Consider: “Booster” program to the 8th grade county wide Criminal Sexual Conduct program. Possibly revisit in 10th grade. Consider utilizing Health and wellness programs. • Increase awareness and prevention for domestic abuse, such as safe dating habits 	<p>- Courts -Schools -Legacy Center -Shelterhouse: CDVSA</p>	<p>CSC (Criminal Sexual Conduct) program that runs through the courts/prosecuting attorney’s office.</p>	
<p>VIII. Identify more Independent Living Situations for kids</p> <ul style="list-style-type: none"> • Study need for a” transitioning home” for foster care youth. Make recommendations based on study. • Consider modeling MODE house for boys 	<p>-Probate Courts -DHS -CMH</p>	<p>-Youth in Transition -Mode House for girls</p>	

Strategy	Lead Partner(s)	Current Initiatives	Potential Barriers
<p>IX. Increase ability to identify and advocate for child abuse victims</p> <ul style="list-style-type: none"> • Increase awareness of abuse • SANE (Sexual Assault Nurse Examiner) Program 	<ul style="list-style-type: none"> -Safe and Sound -MMMC -Primary Care Physicians -DHS -Shelterhouse -Courts 	<ul style="list-style-type: none"> -MMMC currently training ER nursing staff on a more holistic approach of treating youth -Saginaw has model program underway (STEPS to RESPECT) 	<ul style="list-style-type: none"> -Funding -Parents often won't allow their youth to be screened
<p>X. Decrease the incidence of bullying</p> <ul style="list-style-type: none"> • Need to understand the problem better • Social skills training that is broad based and spans all age groups • Identify youth with social emotional problems and assist them in getting help • Culture shift in community – community campaign similar to “choose respect” 	<ul style="list-style-type: none"> -Schools -ESA -CMH, Jackie Warner- Youth Intervention Specialist -CDC 	<ul style="list-style-type: none"> -Jackie can go into schools to identify if social/emotional problems www.prevention.org/inc/Publications/documents/ChooseRespect_WEB.pdf 	
<p>XI. Increase collaboration with school counselors, mentors, community agencies and rehabilitation centers to provide substance abuse intervention.</p> <ul style="list-style-type: none"> • Develop a “System of Care” process in the schools, where students can get support and referrals to needed resources, in the absence of counselors. • Develop a plan that school counselors /mentors would follow for suspected drug or alcohol abuse problems. <ul style="list-style-type: none"> ○ Consider: Family intervention with boundaries, drug tests, referrals, re-entry program, follow-up care. ○ Consider: Providing kids an opportunity to “earn” something in order to get them to participate in the change that is in their best interest. • Identify current options for Drug and Alcohol Rehabilitation, and provide a means for youth with drug and alcohol problems to get counsel, intervention, and treatment. 	<ul style="list-style-type: none"> -Schools -Midland Area Partnership for Drug Free Youth -FCS -CMH -Tensixteen -MMMC -Rehabilitation Centers in Michigan -Courts -Police -Collaboration between schools, CMH, FCS could help create a best practice curriculum. 	<ul style="list-style-type: none"> -Help Cards with contact numbers - Substance Abuse Programs: JCC, FCS, CMH, Ten Sixteen, NMSAS -MMMC – Testing, Min. Treatment, Education Alcohol Awareness Week Programs at MHS and DH -Life Skills at MPS -Health and Wellness 	<ul style="list-style-type: none"> -Cost -Identifying problems early and getting proper intervention -Less Counselors in school
<p>XII. Bring Drug and Alcohol Rehabilitation Center for youth to the Mid-Michigan Area.</p>	<ul style="list-style-type: none"> -FCS -Tensixteen -Midland Evangelical Free Youth Pastor 	<ul style="list-style-type: none"> -Midland EVFREE House of Hope –T.C. (Christian) 	<ul style="list-style-type: none"> -Cost -Time